Smith et al. Cogn. Research (2021) 6:56 Page 2 of 22

Smith et al. Cogn. Research (2021) 6:56 Page 3 of 22

Smith et al. Cogn. Research (2021) 6:56 Page 6 of 22

Smith et al. Cogn. Research (2021) 6:56 Page 8 of 22

experiment. When pilot testing this experiment, we

Smith *et al. Cogn. Research* (2021) 6:56 Page 9 of 22

Recall test

After completing a psychometric filler task, participants were given 5 min to recall what had happened in the video, in as much detail as possible, to the best of their ability. We used the ACS to score the free recall responses

Smith et al. Cogn. Research (2021) 6:56 Page 11 of 22

then reduced it by removing only a single random e ect

Smith *et al. Cogn. Research* (2021) 6:56 Page 12 of 22

p=.99; or printer [Young Adults (M=

Smith *et al. Cogn. Research* (2021) 6:56 Page 13 of 22

in Table

Smith *et al. Cogn. Research* (2021) 6:56 Page 14 of 22

Exploratory analysis

The e ects of stimuli on memory

It is possible that the memory di erences we observed were driven by only a subset of the videos. To evaluate

Smith et al. Cogn. Research (2021) 6:56 Page 15 of 22 e extent to which the proportion of time spent in recall memory; however, it did not produce better recognition or order memory (see Table 4).

Smith *et al. Cogn. Research* (2021) 6:56 Page 16 of 22

p=.04. Again, none of the interactions with the proportion of time spent in the areas of interest were significant (all p values > 0.05; Table 4). As such, this could suggest that attention to goal-relevant information produced better recall of A2 goals, for both young and older adults, regardless of their familiarity with the activities.

Smith *et al. Cogn. Research* (2021) 6:56 Page 17 of 22

remaining e ects were statistically significant. See Table $\,$

Smith *et al. Cogn. Research* (2021) 6:56 Page 18 of 22

Smith et al. Cogn. Research (2021) 6:56 Page 19 of 22

showed a memory deficit in the young adult activities,

Smith *et al. Cogn. Research* (2021) 6:56 Page 20 of 22

Supplementary Information

The online version contains supplementary material available at

Smith Page 22 of 22