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Abstract

students experienced restorative impacts due to decreased stress levels after viewing the area with additional levels of auditory biodiversity compared to manicured landscaping. As a result the test revealed students viewing the videos with

physical exercises. O'Brien and Forster (2021) rese

There exists a long history of using green space for social gathering. From hay harvests to

Data Analysis

Table 2: Natural Lens Code Words

Initial Code	Subcode	Frequency
<i>Natural:</i>		
	Plant(s)	65
	Native(s)	61

The five most frequent codes of the mental “lens” are listed above in Table 3, while impactful quotes from those interviewed about the mental lens are listed below.

Table 4: Emotional Lens Code Words

Understanding Existing Native Plots

campus were doubled or tripled, maintenance could keep up with either better tools, more workers, or, best of all, controlled burns. After the springtime burn or pruning, less total

Ducarme, F., & Couvet, D. (2020). What does 'nature' mean?. *Palgrave Communications*, 6(1), 1-8.

Abstract

Initial code	Subcode	Frequency
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Natural:

	Native	43
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Bird(s)	3
Bioswale(s)	3

Provide	1
Valuable	1

Don't normally go

1

Function	8
Learning experience	7
Experience	7

Feeling present

2

Initial code	Subcode ▼	Frequency
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Emotional:

Reflection pool

Native vegetation	1
Open spaces	1
Solve a problem	1
Likely to go back	1
Out of my way to see plants	1

Initial code	Subcode	Frequency
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Water quality

Initial code

Subcode

Family	2
Professor/teacher	2

