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## Cognitive Interventions and Aging



index card. The strategy-control group was trained to use interactive imagery and sentence generation to associate words in each pair. The self-monitorea. group

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Consider two issues about these outcomes. First, performance gains were slightly smaller for the combination group than for the other training groups. However, all three training groups

pretraining test and on the posttraining test. Table 3 includes mean recall scores. As in McGuire (2001), to evaluate the effects of training we conducted several planned comparisons

self-monitoring training. First, the self-monitoring group received both strategy training and self-monitoring training so we could evaluate whether self-monitoring training could improve

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